

WHO Ministerial Conference
on Mental Health 2005
Implications on Human Rights

Kaliningrad 2006

Wolfgang Rutz MD PhD

Head

Unit for Psychiatry and Health Promotion

Academic University Hospital

Helsinki Declaration Preamble

- MH fundamental
 - wellbeing
 - strength
 - functioning
- MH Promotion priority
 - WHO
 - EU
 - Member States
- Urgent:
 - Increasing
 - Treatment GAP
- Adopt WHR 2001
 - MH Policies
 - Investment in MH
- MH Promotion
 - homeless ,marginalized
 - unemployed, abusers

Scope

- Presuppositions
 - Community Care
 - MH Promotion
 - Stigma, Discrimination
 - Primary Prevention
 - Comprehensive, Participation, Choice
 - Inclusion
- Priorities
 - awareness
 - stigma
 - multisectorial
 - workforce
 - comprehensiveness - longitudinal

Actions

- No H without MH
 - MH Promotion
 - Policy
 - Impact on MH
 - Stigma- Exclusion
 - Life stage support
 - Comorbidity-Suicide
 - PHCare involvement
 - Range of settings
- Education,
- Training,
- Needs Assessment
- Financing
- Human Resources
- Evaluation-Research-Monitoring
- Solidarity across Region

Responsibilities

- Enforce MH Policy
- Coordinate Responsibility
- Assess MH Impact of political action
- Eliminate stigma
- Enhance inclusion
- Offer choices and involvement
- Review Legislation
- Promote Health by MH
- Promote MH in all Sectors of Society
- Prevent riskfactors
- Create incentives
- Prevent Stress and Suicide

Responsibilities II

- Involve and empower PH Care
- Develop CB Services
- End degrading care
- Enhance partnership
- Improve Curricula and include MNH
- Specialized knowledge for specific tasks
- Provide sufficient resources
- Surveillance
- Research

Responsibilities III

- Organize Users
- Advocate Vulnerable groups
- Community based support
- Coping and Caring skills
- Parenting, Education, Tolerance
- Marginalized Groups
- Helplines for Violence, Suicide
- Improve employment for disabled

Generally

- Human Right to
 - Freedom, Autonomy, Integrity
 - Health, Therapy
 - Determinants of Health
 - Control
 - Cohesion
 - Significancy
 - Identity. Dignity
- Implications:
 - Politically
 - Professionally
 - Societally
 - Individually

Human Ecology

- Community based Services
- Holistic Approaches
- Environment and Health
 - Investment in Health
 - Mental Health Impact Awareness and Assessment
 - Mental Environment and Mental Health
- Psychiatric Health Promotion
 - Disorder - Health
 - Pathogenesis - Salutogenesis
 - Individ - Society